

Kentucky

Medicaid Program: Kentucky Medicaid

Program Administrator: Kentucky Dept. for Medicaid Services

Regional Telehealth Resource Center: Mid-Atlantic Telehealth Resource Center

Covers the States of: Delaware, Kentucky, Maryland, New Jersey, North Carolina, Pennsylvania, Virginia, and West Virginia as well as the District of Columbia

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Medicaid Telehealth Reimbursement

Summary

KY Medicaid is required to reimburse for covered services provided to a Medicaid recipient through telehealth. The Department must establish requirements for telehealth coverage and reimbursement which are equivalent to the coverage for the same service provided in-person unless the telehealth provider and the Medicaid program agree to a lower reimbursement rate for telehealth services, or the Department establishes a different reimbursement rate.

KY Medicaid and any Medicaid managed care organization are restricted from doing the following:

- Requiring a Medicaid provider to be physically present with a Medicaid recipient, unless the provider determines that it is medically necessary to perform those services in-person;
- Requiring prior authorization, medical review or administrative clearance for telehealth that would not be required if a service were provided in-person;
- Requiring a Medicaid provider to be employed by another provider or agency in order to provide telehealth services that would not be required if that service were provided in-person;
- Require demonstration that it is necessary to provide services to a Medicaid recipient through telehealth;
- Restrict or deny coverage of telehealth based solely on the communication technology or application used to deliver the telehealth service; OR
- Require a Medicaid provider to be part of a telehealth network.

Source: KY Revised Statutes. 205.5591. (Accessed Aug. 2019).

Definitions

Telehealth means the delivery of health care-related services by Medicaid provider who is a health care provider licensed in Kentucky to a Medicaid recipient through a face-to-face encounter with access to real-time interactive audio and video technology or store-and-forward services that are provided via asynchronous technologies as the standard practice or care where images are sent to a specialist for evaluation. The requirement for a face-to-face encounter shall be satisfied with the use of asynchronous telecommunications technologies in which the health care provider has access to the Medicaid recipient's medical history prior to the telehealth encounter; shall not include the delivery of services through electronic mail, text chat, facsimile or standard audio-only telephone call; and shall be delivered over a secure communications connection that complies with federal HIPAA.

"Telehealth consultation means a medical or health consultation, for purposes of patient diagnosis or treatment, that meets the definition of telehealth in this section."

Source: KY Revised Statutes. 205.510. (Accessed Aug. 2019).



Definitions

Telehealth means two-way, real time interactive communication between a patient and a physician or practitioner located at a distant site for the purpose of improving a patient’s health through the use of interactive telecommunication equipment that includes, at a minimum, audio and video equipment.

Source: KY 907 KAR 1:055 (36). (Accessed Aug. 2019).

“Telemedicine” means two-way, real time interactive communication between a patient and a physician or practitioner located at a distant site for the purpose of improving a patient’s health through the use of interactive telecommunications equipment that includes, at a minimum, audio and video equipment.

Source: KY 907 KAR 9:005. (Accessed Aug. 2019).

“Telehealth medical services: The originating-site or spoke site is the location of the eligible Kentucky Medicaid recipient at the time the telehealth service is being furnished via an interactive telehealth service communications system. The distant or hub site is the location of the provider and is considered the place of service. An interactive telehealth service communication system includes interactive audio and video equipment permitting two-way real time interactive communication between the patient and the practitioner at the originating and distant-sites.”

Source: KY State Plan Amendment. Attachment 3.1-A. p.7.1 Approved 3/9/2011. (Accessed Aug. 2019).

Live Video

Policy

Kentucky Medicaid will reimburse for a “telehealth consultation”, which includes live video.

Source: KY Revised Statutes 205.559. (Accessed Aug. 2019).

Reimbursement shall not be denied solely because an in-person consultation between a provider and a patient did not occur.

Source: KY Revised Statutes § 205.559. (Accessed Aug. 2019).

Telehealth services, provided at an originating site, are covered to the same extent the service and provider are covered when furnished face-to-face.

Source: KY State Plan Amendment. Attachment 3.1-B. Approved 3/9/2011. (Accessed Aug. 2019).

Emergency Regulations

The department must reimburse an eligible telehealth care provider for a telehealth service in an amount that is at least 100 percent of the amount for a comparable in-person service. A managed care plan may establish a different rate for telehealth reimbursement via contract.

Source: KY Admin. Regs. Title, 907, 3:170. (Accessed Sept. 2019).

Eligible Services / Specialties

Emergency Rule

Telehealth service means any service that is provided by telehealth that is one of the following:

- Event
- Encounter
- Consultation, including a telehealth consultation
- Visit
- Store-and-forward transfer, for radiology only
- Remote patient monitoring
- Referral
- Treatment



A service is not reimbursed if:

- It is not medically necessary;
- The equivalent service is not covered by the department if provided in a face-to-face setting; or
- The provider does not meet requirements for a telehealth care provider.

Reimbursement is not made for services that are not:

- Medically necessary;
- Compliant with administrative regulation;
- Applicable to this administrative regulation; or
- Compliant with state or federal law.

Source: KY Admin. Regs. Title, 907, 3:170. (Accessed Sept. 2019).

Coverage is limited to:

- Consultation
- Mental health evaluation and management services
- Individual and group psychotherapy
- Pharmacologic management
- Psychiatric/psychological/mental health diagnostic interview examinations
- Individual medical nutrition therapy consultation services

Source: KY State Plan Amendment. Attachment 3.1-B. Approved 3/9/2011. (Accessed Aug. 2019).

Telehealth services are subject to utilization review.

Source: KY State Plan Amendment. Attachment 3.1-B. Approved 3/9/2011 & KY Admin. Regs. Title, 907, 3:170. (Accessed Aug. 2019).

Prior authorization is needed for select telehealth procedures.

Source: KY State Plan Amendment. Attachment 3.1-B. Approved 3/9/2011. (Accessed Aug. 2019).

Live video GT modifier for “telehealth consultation” and place of service code 02 for “telehealth” accepted by Medicaid.

Source: KY Primary Care Services for Non-Federally Qualified Health Clinic Medicaid Manual. Pg. 33,35 Feb. 2019. (Accessed Aug. 2019).

Emergency Rule

A “telehealth care provider” is a Medicaid provider who is:

- Currently enrolled as a Medicaid provider;
- Participating as a Medicaid provider;
- Operating within the scope of the provider’s professional licensure; and
- Operating within the provider’s scope of practice.

Source: KY Primary Care Services for Non-Federally Qualified Health Clinic Medicaid Manual. Pg. 33,35 Feb. 2019. (Accessed Aug. 2019).

Eligible providers for services NOT in a Community Mental Health Center:

- A psychiatrist;
- A licensed clinical social worker;
- A psychologist;
- A licensed professional clinical counselor;
- A licensed marriage and family therapist;
- A physician;
- An APRN;
- Speech-language pathologist;
- Occupational therapist;
- Physical therapist; or
- Licensed dietitian or certified nutritionist;
- Registered nurse or dietitian



Eligible Providers

- Optometrist (not in Medicaid SPA, only listed in regulation)
- Chiropractor (not in Medicaid SPA, only listed in regulation)
- Physician assistant (not in Medicaid SPA, only listed in regulation)

Source: KY State Plan Amendment. Attachment 3.1-B. Approved 3/9/2011 & KY Admin. Regs. Title, 907, 3:170. (Accessed Aug. 2019).

Eligible providers for services in a Community Mental Health Center:

- A psychiatrist;
- A physician;
- Psychologist with a license in accordance with KRS 319.010(6);
- A licensed marriage and family therapist;
- A licensed professional clinical counselor;
- A psychiatric medical resident;
- A psychiatric registered nurse;
- A licensed clinical social worker;
- An advanced practice registered nurse

Restrictions apply for all professionals.

Source: KY State Plan Amendment. Attachment 3.1-B. Approved 3/9/2011 (Accessed Aug. 2019).

Eligible Sites

Emergency Rule

Place of service is anywhere the patient is located at the time a telehealth service is provided, and includes telehealth services provided to a patient at home or office, or a clinic, school or workplace.

Source: KY Admin. Regs. Title, 907, 3:170. (Accessed Sept. 2019).

Geographic Limits

No reference found.

Facility/Transmission Fee

No reference found.



Medicaid Telehealth Reimbursement

		Store-and-Forward
Store-and-Forward	Policy	<p>KY Medicaid reimburses for telehealth consultations, which encompasses store-and-forward.</p> <p>Source: <i>KY Revised Statutes 205.559. (Accessed Aug. 2019).</i></p> <p>Emergency Rule Store-and-forward is reimbursable for radiology only.</p> <p>Source: <i>KY Admin. Regs. Title, 907, 3:170. (Accessed Sept. 2019).</i></p>
	Eligible Services/Specialties	<p>Emergency Rule Only radiology is eligible for store-and-forward.</p> <p>Source: <i>KY Admin. Regs. Title, 907, 3:170. (Accessed Sept. 2019).</i></p>
	Geographic Limits	No reference found.
	Transmission Fee	No reference found.
Remote Patient Monitoring	Policy	<p>Emergency Rule Remote patient monitoring is included under the definition of a “telehealth service”.</p> <p>Source: <i>KY Admin. Regs. Title, 907, 3:170. (Accessed Sept. 2019).</i></p> <p>Not later than July 1, 2017 the department must establish a pilot project which creates coverage provisions and reimbursement criteria for telemonitoring services. CCHP has found no information regarding the commencement of this pilot.</p> <p>Source: <i>KY Rev. Statute. 205.632 (HB 95 – 2016).</i></p>
	Conditions	No reference found.



Medicaid Telehealth Reimbursement

Remote Patient Monitoring	Provider Limitations	No reference found.
	Other Restrictions	No reference found.
Email / Phone / Fax	<p>No reimbursement for email. No reimbursement for telephone. No reimbursement for FAX.</p> <p>Source: <i>KY Revised Statutes § 205.559 (2)(b).</i> (Accessed Aug. 2019).</p>	
Consent	<p>The Cabinet for Health and Family Services must ensure informed consent among Medicaid providers using telehealth.</p> <p>Source: <i>KY Statute Sec. 205.5591 (2).</i> (Accessed Aug. 2019).</p>	
Out of State Providers	<p>KY Medicaid program required to only allow providers licensed in Kentucky to receive reimbursement for telehealth services.</p> <p>Source: <i>KY Statute Sec. 205.5591 (4).</i> (Accessed Aug. 2019).</p>	



The Cabinet for Health and Family Services is required to do the following:

- Develop policies and procedures to ensure the proper use and security for telehealth, including but not limited to confidentiality and data integrity, privacy and security, informed consent privileging and credentialing, reimbursement and technology;
- Promote access to health care provided via telehealth;
- Maintain a list of Medicaid providers who may deliver telehealth services of Medicaid recipients throughout the Commonwealth;
- Require that specialty care be rendered by a health care provider who is recognized and actively participating in the Medicaid program; and
- Require that any required prior authorization requesting a referral or consultation for specialty care be processed by the patient’s primary care provider and that any specialist coordinates care with the patient’s primary care provider.

Source: KY Statute Sec. 205.5591 (2). (Accessed Aug. 2019).

The Cabinet for Health and Family Services cannot require a Medicaid provider to be a part of a telehealth network.

Source: KY Statute Sec. 205.5591 (3). (Accessed Aug. 2019).

For FQHCs and RHCs, a “visit” is defined as occurring in-person or via telehealth.

Source: KY 907 KAR 1:055 (37). (Accessed Aug. 2019).

Emergency Rule

Certain documentation requirements apply. See regulation.

Source: KY Admin. Regs. Title, 907, 3:170. (Accessed Sept. 2019).

Recently Adopted Legislation

Telehealth (a) means the delivery of health care-related services by a health care provider who is licensed in Kentucky to a patient or client through a face-to-face encounter with access to real-time interactive audio and video technology or store-and-forward services that are provided via asynchronous technologies as the standard practice of care where images are sent to a specialist for evaluation. The requirement for a face-to-face encounter shall be satisfied with the use of asynchronous telecommunications technologies in which the health care provider has access to the patient’s or client’s medical history prior to the telehealth encounter; (b) Shall not include the delivery of services through electronic mail, text chat, facsimile, or standard audio-only telephone call; and (c) Shall be delivered over a secure communications connection that complies with HIPAA.

Source: KY Revised Statute Sec. 304.17A-005. (Accessed Aug. 2019).

A health benefit plan shall reimburse for covered services provided to an insured person through telehealth. A health benefit plan shall not:

- Require a provider be physically present with a patient or client, unless the provider determines that it is necessary to perform those services in-person;
- Require prior authorization, medical review, or administrative clearance for telehealth that would not be required if a service were provided in-person;
- Require demonstration that it is necessary to provide services to a patient or client through telehealth;
- Require a provider to be employed by another provider or agency in order to provide telehealth services that would not be required if that service were provided in-person;
- Restrict or deny coverage of telehealth based solely on the communication technology or application used to deliver the telehealth services; or
- Require a provider to be part of a telehealth network.

A provider must be licensed in Kentucky to receive reimbursement for telehealth services.

Source: KY Revised Statute Sec. 304.17A-138. (Accessed Aug. 2019).



Private Payer Laws	Parity	Service Parity	<p>Payers are not required to provide coverage for telehealth services that are not medically necessary.</p> <p>Source: KY Revised Statutes § 304.17A-138. (Accessed Aug. 2019).</p>
		Payment Parity	<p>Telehealth coverage and reimbursement shall be equivalent to the coverage for the same service provided in-person unless the telehealth provider and the health benefit plan contractually agree to a lower reimbursement rate for telehealth services.</p> <p>Payers are not required to reimburse any fees charged by a telehealth facility for transmission of a telehealth encounter.</p> <p>Source: KY Revised Statutes § 304.17A-138. (Accessed Aug. 2019).</p>
Professional Regulation/Health & Safety	Definitions	<p>Dietitians or Nutritionists & Jail Standards (Department of Corrections) “Telehealth means the use of interactive audio, video, or other electronic media to deliver health care. It includes the use of electronic media for diagnosis, consultation, treatment, transfer of health or medical data, and continuing education.”</p> <p>Source: KY Revised Statutes § 310.200 & KAR Title 501, Ch. 13, Sec. 010. (Accessed Aug. 2019).</p>	
	Consent	<p>The treating physician who delivers or facilitates the telehealth service shall obtain the informed consent of the patient before services are provided.</p> <p>Source: KY Revised Statutes § 311.5975 (2012). (Accessed Aug. 2019).</p> <p>Patient consent must be obtained by:</p> <ul style="list-style-type: none"> • Physicians; • Chiropractors; • Nurses; • Dentists; • Dieticians or nutritionist; • Pharmacist; • Psychologists or psychological associate; • Occupational therapists; • Optometrist • Physical therapists; • Speech language pathologists or audiologists; • Social workers; • Marriage/family therapists; • Respiratory care practitioner <p>Source: Cited in various sections of law. Originated from HB 177 (2000).</p> <p>Also see listing of Professional Board Regulation in Miscellaneous section for regulatory requirements for informed consent by profession.</p>	



Consent

The Board of Speech Language Pathology and Audiology requires their licensees to inform the client in writing, in an initial in-person meeting, about:

- The limitations of using technology in the provision of telepractice;
- Potential risks to confidentiality of information due to technology in the provision of telepractice;
- Potential risks of disruption in the use of telepractice;
- When and how the licensee will respond to routine electronic messages;
- In what circumstances the licensee will use alternative communications for emergency purposes;
- Who else may have access to client communications with the licensee;
- How communications can be directed to a specific licensee;
- How the licensee stores electronic communications from the client; and
- That the licensee may elect to discontinue the provision of services through telehealth.

Source: KY 201 KAR 17:110. (Accessed Aug. 2019).

Online Prescribing

Prior to prescribing in response to any communication transmitted or received by computer or other electronic means, physicians must establish a proper physician-patient relationship. This includes:

- Verification that the person requesting medication is in fact who the patient claims to be;
- Establishment of a documented diagnosis through the use of accepted medical practices;
- Maintenance of a current medical record.

An electronic, online, or telephone evaluation by questionnaire are inadequate for the initial or any follow-up evaluation.

Source: KY Revised Statutes § 311.597 (2012). (Accessed Aug. 2019).

A “good faith prior examination” (needed to establish a physician-patient relationship) can be done through telehealth.

Source: KY Revised Statute § 218A.010(17). (Accessed Aug. 2019).

The Board of Speech Language Pathology and Audiology does not allow for the establishment of a practitioner-patient relationship via telehealth. They require an in-person meeting to occur first. A practitioner-patient relationship is required to issue a prescription.

Source: KY 201 KAR 17:110. (Accessed Aug. 2019).

A physician performing or inducing an abortion shall be present in-person and in the same room with the patient. The use of telehealth shall not be allowed in the performance of an abortion.

Source: KY Revised Statute Sec. 311.728. (Accessed Aug. 2019).

Cross-State Licensing

A provider must be licensed in Kentucky with the exception of persons who, being nonresidents of Kentucky and lawfully licensed to practice medicine or osteopathy in their states of actual residence, infrequently engage in the practice of medicine or osteopathy within this state, when called to see or attend particular patients in consultation and association with a Kentucky-licensed physician.

Source: KY Revised Statutes § 311.560 (2012). (Accessed Aug. 2019).

Member of Nurse Licensure Compact.

Source: Nurse Licensure Compact. Current NLC States and Status. NCSBN. (Accessed Aug. 2019).

Member of Physical Therapy Compact.

Source: HB 227-2017. PT Compact. Compact Map. (Accessed Aug. 2019).



Professional Board Telehealth-Specific Regulations

- Speech Language Pathology and Audiology (**Source:** Title 201, Ch. 17, Sec. 110) (Accessed Aug. 2019).
- Board of Optometric Examiners (**Source:** Title 201, Ch. 5, Sec. 055) (Accessed Aug. 2019).
- Physical Therapy (**Source:** Title 201, Ch. 22, Sec. 160) (Accessed Aug. 2019).
- Dieticians and Nutritionists (**Source:** Title 201, Ch. 33, Sec. 070) (Accessed Aug. 2019).
- Applied Behavior Analysis (**Source:** Title 201, Ch. 43, Sec. 100) (Accessed Aug. 2019).
- Nursing (**Source:** Title 201, Ch. 20, Sec. 520). (Accessed Aug. 2019).
- Board of Psychology (**Source:** Title 201, Ch. 26, Sec. 310). (Accessed Aug. 2019).
- Occupational Therapy (**Source:** Title 201, Ch. 28, Sec. 235) (Accessed Aug. 2019).
- Marriage and Family Therapists (**Source:** Title 201, Ch. 32, Sec. 110). (Accessed Aug. 2019).