

Medicaid Program: Kansas Medicaid

Program Administrator: Kansas Dept. of Health and Environment

Regional Telehealth Resource Center: Heartland Telehealth Resource Center

Covers the States of: Kansas, Missouri & Oklahoma

www.heartlandtrc.org

Summary

Kansas Medicaid covers live video telemedicine for certain services. Additionally, they also cover remote patient monitoring that is in real-time through home health agencies and with prior authorization.

All insurers (including Medicaid) must cover medically necessary services, subject to the terms and conditions of the contract. Medicaid specifically must provide reimbursement for speech language pathology services and audiology services.

**Nedicaid Telehealth Reimbursement** 

"Telemedicine is the use of communication equipment to link health care practitioners and patients in different locations. This technology is used by health care providers for many reasons, including increased cost efficiency, reduced transportation expenses, improved patient access to specialists and mental health providers, improved quality of care, and better communication among providers."

Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, General Benefits, p. 2-29 (Jun. 2019). (Accessed Sept. 2019).

"Telemedicine," including "telehealth," means the delivery of healthcare services or consultations while the patient is at an originating site and the healthcare provider is at a distant site. Telemedicine shall be provided by means of real-time two-way interactive audio, visual, or audio-visual communications, including the application of secure video conferencing or store-and-forward technology to provide or support healthcare delivery, that facilitate the assessment, diagnosis, consultation, treatment, education and care management of a patient's healthcare. "Telemedicine" does not include communication between:

- (A) Healthcare providers that consist solely of a telephone voice-only conversation, email or facsimile transmission; or
- (B) a physician and a patient that consists solely of an email or facsimile transmission.

Source: KS Statute Ann. § 40-2,211(5) (2018) & KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, General Benefits, p. 2-30 (Jun. 2019). (Accessed Sept. 2019).

Telemedicine is the use of communication equipment to link health care practitioners and patients in different locations. This technology is used by health care providers for many reasons, including increased cost efficiency, reduced transportation expenses, improved patient access to specialists and mental health providers, improved quality of care, and better communication among providers.

Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, FQHC/RHC, p. 8-10 (May 2019). (Accessed Sept. 2019).



Insurers (including Medicaid) cannot exclude from coverage a service solely because the service is provided through telemedicine, rather than in-person contact or based upon the lack of a commercial office for the practice of medicine, when such service is delivered by a healthcare provider.

Source: KS Statute Ann. § 40-2,213(b) (2018). (Accessed Sept. 2019).

Kansas Medicaid will reimburse for live video for certain medically necessary services.

Payment or reimbursement of covered services delivered through telemedicine is the same as for covered services delivered through personal contact.

Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, General Benefits, p. 2-30 (Jun. 2019). (Accessed Sept. 2019).

#### Eligible services:

- · Office visits;
- Individual psychotherapy;
- · Pharmacological management services.

The consulting expert must bill with the 02 place of service code. The GT modifier is not required except for services provided on or before December 31, 2017.

See manual for list of acceptable CPT codes. Telemedicine will be reimbursed at the same rate as face-to-face services.

KMAP does not recognize CPT Codes 99241-99245 and 99251-99255.

Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, General Benefits, p. 2-29 (Jun. 2019) & FQHC/RHC, 8-10 (May 2019), (Accessed Sept. 2019).

Mental health assessment can be delivered either face-to-face or through telemedicine.

Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, Mental Health, p. 8-8 (Dec. 2018). (Accessed Sept. 2019).

Speech-language pathology and audiology services may be delivered face-to-face or through telemedicine. See manual for specific codes for eligible telemedicine services. Codes not appearing on the list are not covered via telemedicine.

Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, General Benefits, p. 2-27 & 2-28 (Jun. 2019). (Accessed Sept. 2019).

Kansas Medicaid does not authorize the use of telemedicine in the delivery of any abortion procedure.

Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, General Benefits, p. 2-31 (Jun. 2019). (Accessed Sept. 2019).

#### **Autism Service**

Parent support and training as well as Family Adjustment Counseling can be provided via telemedicine or telehealth.

Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, Autism Services, p. 8-5 & 8-8 (Jun. 2019). (Accessed Sept. 2019).



Medicaid Telehealth Reimbursement		Eligible Providers	<ul> <li>Telemedicine and telehealth services may be delivered by a healthcare provider, which includes:         <ul> <li>Physicians</li> <li>Licensed Physician Assistants</li> <li>Licensed Advanced Practice Registered Nurses</li> <li>Other persons licensed, registered, certified, or otherwise authorized to practice by the behavioral sciences regulatory board.</li> </ul> </li> <li>Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, General Benefits, p. 2-29 (Jun. 2019). (Accessed Sept. 2019).</li> <li>Speech-language pathologists and audiologists may also furnish appropriate and medically necessary services within their scope of practice via telemedicine.</li> <li>Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, General Benefits, p. 2-27 (Jun. 2019) &amp; Early Childhood Intervention Fee-for-Service Provider Manual, p. 8-2 (Jun. 2019), &amp; Local Education Agency Services, (Aug. 2019), Rehabilitative Therapy Services, p. 8-4. (Feb. 2019), (Accessed Sept. 2019).</li> <li>Providers who are not RHC or FQHC providers and are acting as the distant site will be reimbursed in accordance with a percentage of the Physician Fee Schedule and not an encounter rate.</li> <li>Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, FQHC/RHC, 8-10, (May 2019), (Accessed Sept. 2019).</li> </ul>
	Live Video	Eligible Sites	No reference found.
		Geographic Limits	No reference found.
		Facility/Transmission Fee	The originating site, with the beneficiary present, may bill code Q3014 for the originating site fee with the appropriate POS code.  Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, General Benefits, p. 2-29 (Jun. 2019). (Accessed Sept. 2019).

Medicaid Telehealth Reimbursement	Store-and-Forward	Policy	Kansas Medicaid requires the patient to be present at the originating site indicating store- and-forward will not be reimbursed.  Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, General Benefits, p. 2-31 (Jun. 2019). (Accessed Sept. 2019).
		Eligible Services/Specialties	No reference found.
		Geographic Limits	No reference found.
Medicaid Telehea		Transmission Fee	No reference found.
	Remote Patient Monitoring	Policy	Kansas Medicaid will reimburse for home telehealth. The policy states:  "Home telehealth uses real-time, interactive, audio/video telecommunication equipment to monitor patients in the home setting, as opposed to a nurse visiting the home. This technology may be used to monitor the beneficiary for significant changes in health status, provide timely assessment of chronic conditions and provide other skilled nursing services."  Source: Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, Home Health, p. 8-28 (Jun. 2019). (Accessed Sept. 2019).  Home and Community Based Services for the Frail Elderly  Home Telehealth is a remote monitoring system that enables the participant to effectively manage one or more diseases and catch early signs of trouble so intervention can occur before the participant's health declines. The provision of Home Telehealth involves participant education specific to one or more diseases (e.g. COPD, CHF, hypertension, and diabetes), counseling, and nursing supervision.  Source: Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, HCBS Frail Elderly, p. 8-17, (May 2019), (Accessed Sept. 2019).
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Providers may use T1030 and T1031 for the provision of telehealth visits to provide long-term care home health services and to assist beneficiaries in managing their diabetes.

Source: Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, Home Health, p. AIII-3 & AIII-5. (Jun. 2019). (Accessed Sept. 2019).

#### Home and Community Based Services for the Frail Elderly

Telehealth services (including remote patient monitoring) are provided on an individualized basis for participants who have an identified need in their ISPOC. Participant options and information are provided and discussed during the development of the Integrated Service Plan of Care (ISPOC). The participant qualifies if either of the following apply:

- The participant is in need of disease management consultation and education AND has had two or more hospitalizations, including emergency room (ER) visits, within the previous year related to one or more diseases.
- The participant is using MFP to move from a nursing facility back into the community.

Source: Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, HCBS Frail Elderly, p. 8-17 & 8-18, (May 2019), (Accessed Sept. 2019).

#### Services must be provided by a registered nurse or licensed practical nurse. Agencies may bill skilled nursing services on the same date of service as telehealth services.

Source: Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, Home Health, p. 8-28 (Jun. 2019). (Accessed Sept. 2019).

#### Home and Community Based Services for the Frail Elderly

Must be delivered by a registered nurse or licensed practical nurse with RN supervision. Providers can include home health agencies or county health departments with system equipment capable of monitoring participant vital signs daily.

Source: Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, HCBS Frail Elderly, p. 8-18, (May 2019), (Accessed Sept. 2019).

## Providers must submit literature to the fiscal agent's Provider Enrollment team pertaining to the telecommunication equipment the agency has chosen that will allow thorough physical assessments such as: assessment of edema, rashes, bruising, skin conditions, and other significant changes in health status.

Providers must enroll and satisfy demonstration requirements to be enrolled.

Providers are eligible for reimbursement of home telehealth services that meet the following criteria:

- · Prescribed by a physician;
- Considered medically necessary;
- Signed beneficiary consent for telehealth services;
- Skilled nursing service;
- Does not exceed program limitations (two visits per week for non-Home and Community Based Services beneficiaries)

Prior authorization required.

Source: Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, Home Health, p. AllI-18 to 19. (Jun. 2019). (Accessed Sept. 2019).

HCBS beneficiaries eligible for face-to-face skilled nursing visits provided by a home health agency may receive home telehealth visits with documentation of medical necessity and prior authorization (PA). The PA must include units to cover the duration and frequency of home telehealth visits.

Provider Limitations

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	Remote Patient Monitoring	Oral medication administration or monitoring is not considered skilled care.  Source: Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, Home Health, p. Alll-8. (Jun. 2019). (Accessed Sept. 2019).  Home and Community Based Services for the Frail Elderly See HCBS Frail Elderly provider manual for documentation requirements.  Source: Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, HCBS Frail Elderly, p. 8-20, (May 2019), (Accessed Sept. 2019).
sement	Email / Phone / Fax	<ul> <li>Telemedicine does not include communication between:</li> <li>A healthcare provider that consists solely of a telephone voice-only conversation, email, or facsimile transmission.</li> <li>A physician and a patient that consists solely of an email or facsimile transmission.</li> <li>Email, telephone, and facsimile transmissions are not covered as telemedicine services.</li> <li>Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, General Benefits, p. 2-30 &amp; 2-31 (Jun. 2019) &amp; FQHC/RHC, 8-11, (May 2019), (Accessed Sept. 2019).</li> </ul>
Medicaid Telehealth Reimbursement	Consent	Written consent for telehealth home services is required.  Source: KS Dept. of Health and Environment, Kansas Medical Assistance Program, Provider Manual, Home Health Agency, p. AllI-19 (Jun. 2019) (Accessed Sept. 2019).
	Out of State Providers	No reference found.
	Miscellaneous	The Department of Health and Environment is required to prepare an impact report that assesses the financial and social effects of Kansas Medicaid's coverage of speech-language pathology and audiology services via telemedicine on or before January 13, 2020.  Source: KS HB 2028 (2018). (Accessed Sept. 2019).

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<ul><li>(A) Healthcare providers that consist solely of a telephone voice-only conversation, email or facsimile transmission; or</li><li>(B) a physician and a patient that consists solely of an email or facsimile transmission.</li></ul>

Source: KS Statute Ann. § 40-2,211(5)(2018). (Accessed Sept. 2019).

# Requirements

Insurers cannot exclude from coverage a service solely because the service is provided through telemedicine, rather than in-person contact or based upon the lack of a commercial office for the practice of medicine, when such service is delivered by a healthcare provider.

No additional documentation for telemedicine is required.

Source: KS Statute Ann. § 40-2,213(2018). (Accessed Sept. 2019).

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Payment can be limited to only services that are medically necessary, subject to the terms and conditions of the covered individual's health benefits plan.

Source: KS Statute Ann. § 40-2,213 (2018). (Accessed Mar. 2019).

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Payment for covered services delivered through telemedicine may be established by an insurance company, nonprofit health service corporation, nonprofit medical and hospital service corporation or health maintenance organization in the same manner as payment or reimbursement for covered services that are delivered via in-person contact are established.

Source: KS Statute Ann. § 40-2,213 (2018). (Accessed Sept. 2019).

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Source: KS Statute Ann. § 40-2,211(5) (2018). (Accessed Sept. 2019).

	Consent	No reference found.
Professional Regulation/Health & Safety	Online Prescribing	The same laws and regulations that apply to the prescribing of drugs by means of in-person contact shall apply to the prescribing of drugs by means of telemedicine.  Source: KS Admin. Regs., Sec. 100-77-3. (Accessed Sept. 2019).  Physicians must have a pre-existing patient-prescriber relationship. Physicians are prohibited from prescribing drugs on the basis of an internet-based questionnaire or consult, or telephone consult.  Source: KS Admin. Regs., Sec. 68-2-20(2). (Accessed Sept. 2019).  Telemedicine may be used to establish a valid provider-patient relationship.  Source: KS Statute Ann. § 40-2,212(b) (2018). (Accessed Sept. 2019).
Professional Reg	Gross-State Licensing	Member of the interstate medical licensure compact.  Source: Interstate Medical Licensure Compact. The IMLC. (Accessed Sept. 2019).  Member of Nurses Licensure Compact.  Source: Current NLC States and Status. NCSBN. Accessed Sept. 2018. (Accessed Sept. 2019).
	Miscellaneous	No reference found.